

which brings salvation to the whole world.
Look, O Lord, upon the Sacrifice
which you yourself have provided for your Church,
and grant in your loving kindness
to all who partake of this one Bread and one
Chalice

that, gathered into one body by the Holy Spirit,
they may truly become a living sacrifice in Christ
to the praise of your glory.

Therefore, Lord, remember now
all for whom we offer this sacrifice:
especially your servant N. our Pope,
N. our Bishop, and the whole Order of Bishops,
all the clergy,
those who take part in this offering,
those gathered here before you,
your entire people,
and all who seek you with a sincere heart.

Remember also
those who have died in the peace of your Christ
and all the dead,
whose faith you alone have known.

To all of us, your children,
grant, O merciful Father,
that we may enter into a heavenly inheritance
with the Blessed Virgin Mary, Mother of God,
with blessed Joseph, her Spouse,
and with your Apostles and Saints in your
kingdom.

There, with the whole of creation,
freed from the corruption of sin and death,
may we glorify you through Christ our Lord,
through whom you bestow on the world all
that is good.

Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever.

The people acclaim: **Amen.**

The Communion Rite *Stand*
The Priest invites all to join in the Lord's Prayer:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

The Priest continues alone:
Deliver us, Lord, we pray, ...

**For the kingdom,
the power and the glory are yours
now and for ever.**

The Priest says:
Lord Jesus Christ... **Amen.**

The peace of the Lord be with you always.
And with your spirit.

The Deacon, or the Priest, adds:
Let us offer each other the sign of peace.

The Priest takes the host and breaks it.

Meanwhile the people say or sing:

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
grant us peace.** *Kneel*

The Priest shows the host to the people and says:
Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the
Lamb.

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

*The Priest or other minister says to each com-
municant:*

The Body [Blood] of Christ.

Each communicant answers: **Amen.**

Communion Antiphon *Mt 5:5-6*

**Blessed are those who mourn, for they
shall be consoled.**

**Blessed are those who hunger and thirst
for righteousness,
for they shall have their fill**

*After the distribution of Holy Communion a
sacred silence may be observed or a psalm,
hymn or canticle of praise may be sung.*

Prayer after Communion *Stand*

O God, who have willed that we be partakers
in the one Bread and the one Chalice,
grant us, we pray, so to live
that, made one in Christ,
we may joyfully bear fruit
for the salvation of the world.
Through Christ our Lord. **Amen.**

THE CONCLUDING RITES

Announcements may be made. *Then:*

Priest: The Lord be with you.

All: **And with your spirit.**

May almighty God bless you,
the Father, and the Son, ✠ and the Holy Spirit.
Amen.

Then the Deacon, or the Priest, says:

Go forth, the Mass is ended. *Or:*

Go and announce the Gospel of the Lord. *Or:*

Go in peace, glorifying the Lord by your life. *Or:*
Go in peace.

Thanks be to God.



THE
**CATHOLIC
PRINTING**
COMPANY OF FARNWORTH
www.catholicprint.co.uk
0161 873 7457

Excerpts from the English translation of
The Roman Missal © 2010 International
Commission on English in the Liturgy
Corporation. All rights reserved.
The Psalms: A new Translation © 1963
The Grail (England) published by Harper Collins.
Excerpt from THE JERUSALEM BIBLE,
copyright © 1966 by Darton, Longman & Todd,
Ltd. and Doubleday, a division of Random
House, Inc. Reprinted by Permission.
Concordat cum originali: John Ainslie.
Imprimatur: Anthony J Kay, YG, Salford
23rd November 2011.
Permission granted for distribution in Scotland.

THE JERUSALEM MASS SHEET

5th SUNDAY IN ORDINARY TIME (B) 4th February 2024

THE INTRODUCTORY RITES

Entrance Antiphon or a hymn. *Stand*
Ps 94:6-7

**O come, let us worship God
and bow low before the God who made us,
for he is the Lord our God.**

All make the Sign of the Cross as the Priest says:
In the name of the Father, and of the Son,
and of the Holy Spirit. **Amen.**

The Priest greets everyone present.

The people respond: **And with your spirit.**

The Mass of the day may be introduced.

Penitential Act

*The Priest invites the people to repentance using
one of the Penitential Acts.*

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,

And, striking their breast, they say:
through my fault, through my fault,
through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

The Priest says the absolution. All reply: **Amen.**

Lord, have mercy. **Lord, have mercy.**
Christ, have mercy. **Christ, have mercy.**
Lord, have mercy. **Lord, have mercy.**

The Gloria

**Glory to God in the highest,
and on earth peace to people of good will.**

**We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

The Collect

Keep your family safe, O Lord, with unfailing care,
that, relying solely on the hope of heavenly grace,
they may be defended always by your protection.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of
the Holy Spirit,
God, for ever and ever. **Amen.** *Sit*

THE LITURGY OF THE WORD

First Reading

A reading from the book of Job 7:1-4.6-7

Job began to speak:

Is not man's life on earth nothing more than
pressed service,
his time no better than hired drudgery?
Like the slave, sighing for the shade,
or the workman with no thought but his wages,
months of delusion I have assigned to me,
nothing for my own but nights of grief.
Lying in bed I wonder, 'When will it be day?'
Risen I think, 'How slowly evening comes!'
Restlessly I fret till twilight falls.
Swifter than a weaver's shuttle my days have
passed,
and vanished, leaving no hope behind.
Remember that my life is but a breath,
and that my eyes will never again see joy.

The word of the Lord.

Thanks be to God.

Psalm

Ps 146:1-6.R.v3

**R) Praise the Lord who heals the broken-
hearted.**

Praise the Lord for he is good;
sing to our God for he is loving:
to him our praise is due. **(R)**

The Lord builds up Jerusalem
and bring back Israel's exiles,
he heals the broken-hearted,
he binds up all their wounds.
He fixes the number of the stars;
he calls each one by its name. **(R)**

Our Lord is great and almighty;
his wisdom can never be measured.
The Lord raises the lowly;
he humbles the wicked to the dust. **(R)**

Second Reading

A reading from the first letter of St Paul to
the Corinthians 9:16-19. 22-23

I do not boast of preaching the gospel, since it
is a duty which has been laid on me; I should

be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this: in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me.

So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

The word of the Lord.
Thanks be to God.

Gospel Acclamation

Stand

Alleluia, alleluia!
He took our sicknesses away,
and carried our diseases for us.
Alleluia!

Mt 8:17

Gospel

Mark 1:29-39

The Lord be with you.
And with your spirit.

A reading from the holy Gospel according to Mark.
Glory to you, O Lord.

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them.

That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was.

In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

The Gospel of the Lord.
Praise to you, Lord Jesus Christ.

The Homily

Sit

The Nicene Creed

Stand

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.

All bow

For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit,
the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and
apostolic Church.
I confess one Baptism for the forgiveness
of sins
and I look forward to the resurrection of
the dead
and the life of the world to come. Amen.

The Prayer of the Faithful

Response example: Lord, in your mercy.
Hear our prayer.

After the concluding prayer all say: **Amen. Sit**

THE LITURGY OF THE EUCHARIST

The offerings are brought to the altar.
A hymn may be sung.

If the Priest says the two prayers of offering
aloud the response both times is:

Blessed be God for ever.

The Priest completes additional personal
preparatory rites, and the people rise as he says:
Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

The people reply:

May the Lord accept the sacrifice
at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.

Prayer over the Offerings

O Lord our God,
who once established these created things
to sustain us in our frailty,
grant, we pray,
that they may become for us now
the Sacrament of eternal life.
Through Christ our Lord.
Amen.

The Eucharistic Prayer

The Lord be with you.

And with your spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

Preface for Eucharistic Prayer IV

(The priest may use a different Preface and Eucharistic Prayer).

It is truly right to give you thanks,
truly just to give you glory, Father most holy,
for you are the one God living and true,
existing before all ages and abiding for all eternity,
dwelling in unapproachable light;
yet you, who alone are good, the source of life,
have made all that is,
so that you might fill your creatures with blessings
and bring joy to many of them by the glory of
your light.

And so, in your presence are countless hosts
of Angels,
who serve you day and night
and, gazing upon the glory of your face,
glorify you without ceasing.
With them we, too, confess your name in
exultation,
giving voice to every creature under heaven,
as we acclaim:

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of
the Lord.

Hosanna in the highest.

Kneel

Eucharistic Prayer IV

(The priest may use a different Preface and Eucharistic Prayer).

We give you praise, Father most holy,
for you are great
and you have fashioned all your works
in wisdom and in love.

You formed man in your own image
and entrusted the whole world to his care,
so that in serving you alone, the Creator,
he might have dominion over all creatures.
And when through disobedience he had lost
your friendship,
you did not abandon him to the domain of death.
For you came in mercy to the aid of all,
so that those who seek might find you.
Time and again you offered them covenants
and through the prophets
taught them to look forward to salvation.

And you so loved the world, Father most holy,

that in the fullness of time
you sent your Only Begotten Son to be our
Saviour.

Made incarnate by the Holy Spirit
and born of the Virgin Mary,
he shared our human nature
in all things but sin.
To the poor he proclaimed the good news of
salvation,

to prisoners, freedom,
and to the sorrowful of heart, joy.
To accomplish your plan,
he gave himself up to death,
and, rising from the dead,
he destroyed death and restored life.

And that we might live no longer for ourselves
but for him who died and rose again for us,
he sent the Holy Spirit from you, Father,
as the first fruits for those who believe,
so that, bringing to perfection his work in the world,
he might sanctify creation to the full.

Therefore, O Lord, we pray:
may this same Holy Spirit
graciously sanctify these offerings,
that they may become
the Body and \times Blood of our Lord Jesus Christ
for the celebration of this great mystery,
which he himself left us
as an eternal covenant.

For when the hour had come
for him to be glorified by you, Father most holy,
having loved his own who were in the world,
he loved them to the end:
and while they were at supper,
he took bread, blessed and broke it,
and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,
FOR THIS IS MY BODY,
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way,
taking the chalice filled with the fruit of the vine,
he gave thanks,
and gave the chalice to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY BLOOD,
THE BLOOD OF THE NEW AND ETERNAL COVENANT,
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

The mystery of faith.

And the people continue, acclaiming:
Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.

Therefore, O Lord,
as we now celebrate the memorial of our
redemption,
we remember Christ's Death
and his descent to the realm of the dead,
we proclaim his Resurrection
and his Ascension to your right hand,
and, as we await his coming in glory,
we offer you his Body and Blood,
the sacrifice acceptable to you